



Upper Beult Farmer Cluster



Tim Williams top Books for Regenerative Agriculture



Tim is a regenerative farmer from New Zealand, he now brings his passion for transforming farming systems to the UK as a contract farmer. Tim joined the Upper Beult Farmer Clusters second meeting to talk to members about soil health and transforming our modern farming mind set.

Here Tim gives his Top 5 books recommendations for budding regenerative farmers.

1. Dirt to Soil - Gabe Brown; provides a good insight into the basics of regen ag, a good starting point
2. The Call of The Reed Warbler - Charles Massey; discusses the journey toward a regenerative future and the link between soil & human health
3. The Secret Network of Nature: The Delicate Balance of All Living Things - Peter Wohlleben; the gist is in the title
4. Grass, Soil, Hope: A Journey Through Carbon Country - Courtney White; discusses the power of carbon positive farming
5. For The Love of Soil - Nicole Masters; quite technical, a very good handbook/reference for regen ag